

Threshold Progression – PSHE/RSE

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	<p>Roles of different people; families; feeling cared for.</p> <p>Recognising privacy; staying safe; seeking permission.</p> <p>How behaviour affects others; being polite and respectful.</p>	<p>Making friends; feeling lonely and getting help.</p> <p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviours.</p> <p>Recognising things in common and differences; playing and working cooperatively; sharing opinions.</p>	<p>What makes a family; features of family life.</p> <p>Personal boundaries; safely responding to others; the impact of hurtful behaviour.</p> <p>Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p>Positive friendships, including online.</p> <p>Responding to hurtful behaviour; managing confidentiality; recognising risk online.</p> <p>Respecting differences and similarities; discussing difference sensitively.</p>	<p>Managing friendships and peer influence.</p> <p>Physical contact and feeling safe.</p> <p>Responding respectfully to a wide range of people; recognising prejudice and discrimination.</p>	<p>Attraction to others; romantic relationships; civil partnership and marriage.</p> <p>Recognising and managing pressure; consent in different situations.</p> <p>Expressing opinions and respecting other points of view, including discussing topical issues.</p>
Living in the wider world	<p>What rules are; caring for others' needs; looking after the environment.</p> <p>Using the internet and digital devices; communicating online.</p> <p>Strengths and interests; jobs in the community.</p>	<p>Belonging to a group; roles and responsibilities; being the same and different in the community.</p> <p>The internet in everyday life; online content and information.</p> <p>What money is; needs and wants; looking after money.</p>	<p>The value of rules and law; rights, freedoms and responsibilities.</p> <p>How the internet is used; assessing information online.</p> <p>Different jobs and skills; job stereotypes; setting personal goals.</p>	<p>What makes a community; shared responsibilities.</p> <p>How data is shared and used.</p> <p>Making decisions about money; using and keeping money safe.</p>	<p>Protecting the environment; compassion towards others.</p> <p>How information online is targeted; different media types, their role and impact.</p> <p>Identifying job interests and aspirations; what influences career choices; workplace stereotypes.</p>	<p>Valuing diversity; challenging discrimination and stereotypes.</p> <p>Evaluating media sources; sharing things online.</p> <p>Influences and attitudes to money; money and financial risks.</p>
Health and Wellbeing	<p>Keeping healthy; food and exercise, hygiene routines; sun safety.</p> <p>Recognising what makes the unique and special; feelings; managing when things go wrong.</p> <p>How rules and age restrictions help us; keeping safe online.</p>	<p>Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help.</p> <p>Growing older; naming body parts; moving class or year.</p> <p>Safety in different environments; risk and safety at home; emergencies.</p>	<p>Health choices and habits; what effects feelings; expressing feelings.</p> <p>Personal strengths or achievements; managing or reframing setbacks.</p> <p>Risks and hazards; safety in the local environment and unfamiliar places.</p>	<p>Maintaining a balanced lifestyle; oral hygiene and dental care.</p> <p>Personal identity recognising individuality and different qualities; mental wellbeing.</p> <p>Medicines and household products; drugs common to everyday life.</p>	<p>Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.</p> <p>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty.</p> <p>Keeping safe in different situations, including responding in emergencies, first aid and FGM.</p>	<p>What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.</p> <p>Human reproduction and birth; increasing independence; managing transition.</p> <p>Keeping personal information safe; regulations and choices; drug use and the law; drugs use and the media.</p>