



WITHAM
A PRIORY ACADEMY

WHAT IS A WITHAM REMOTE LEARNER?

2020/21

CONTENTS...

The Witham Learner at home	3	KS3 Daily Planner	17
Maximising Learning - The Witham Remote Learner...4		KS4 Daily Planner	18
Remote Learning - your thoughts!	5	KS5 Daily Planner	19
Creating a learning space at home	6	How will students be rewarded?	20
My Learning Space.....	7	Staff contacts for Year 7.....	21
What do I need to organise my learning at home?... 8		Staff contacts for Year 8.....	22
How do I find my work?.....	9	Staff contacts for Year 9.....	23
My logins	10	Staff contacts for Year 10	24
Where can I go if I need support with my remote learning?.....	11	Staff contacts for Year 11	25
5 top tips to stay healthy	12	Staff contacts for Sixth Form.....	26
How much work should I be doing each day?.....	14		
Stay Safe	15		
Students with Special Educational Needs	16		



www.priorywitham.co.uk  





THE WITHAM LEARNER AT HOME...

STUDENTS

Here is a toolkit of resources that will help you organise your learning when you are at home.

You will also find some useful tips and tricks to help you stay healthy and focused while learning remotely.

There are links to helpful resources in case you get stuck and a list of staff who you can contact if you are struggling.

PARENTS / CARERS

This guide provides useful information to support your child in understanding how they will learn at home and where support can be found.

You can support your child by helping to create a learning space and helping them to manage their time when creating their daily plan.

We will reward students for hard work when they return – it would be great if you can agree some rewards at home too!



MAXIMISING LEARNING - THE WITHAM REMOTE LEARNER

Believe Together,
Achieve Together

PASSION

We embrace challenge because:

- I take pride in the work I complete at home.
- We make positive contributions and ask questions to challenge thinking.
- We are proactive in learning and can work independently within and beyond the classroom.
- We are enthusiastic, take risks and seek support to reach our goals.

CURIOSITY

We reflect on learning because:

- We plan and monitor our own learning to help us to prepare for assessments.
- We seek out and use new information to develop our learning.
- We respond to feedback, and practise to improve and refine our outcomes.
- We evaluate learning and progress against our attitude to learning.



**Pro-active and
Re-active Learning**
'make every
lesson count'

WISDOM

We link our learning because:

- I plan and use my time effectively.
- I link my learning in school to the learning I do remotely.
- I understand how to look after my own wellbeing.

COURAGE

We develop life skills because:

- I ask for help/support when needed.
- We show resilience by bouncing back from setbacks with a positive attitude to remote learning.
- We take pride in all aspects of presentation and use systems to organise our own work and time.

GENEROSITY

We engage with learning because:

- We are aware of the importance of effort and focus in driving our own learning.
- I work as hard at home as I do at school.
- I know how I can support my peers while working remotely.



REMOTE LEARNING - YOUR THOUGHTS!

What are my worries about learning from home?

What will I enjoy about remote learning?



CREATING A LEARNING SPACE AT HOME...

- Plan your time each day.
 - When are you at your most productive?
 - Do you need to set a timer to take a break?
- Wear suitable clothing – get dressed in the morning but wear something you will find comfortable to work in
- Find an appropriate space to work in.
 - Somewhere that has plenty of light.
 - A comfortable place for you to sit.
 - Somewhere you won't be disturbed.
- Have a drink of water with you.
- Take regular breaks.

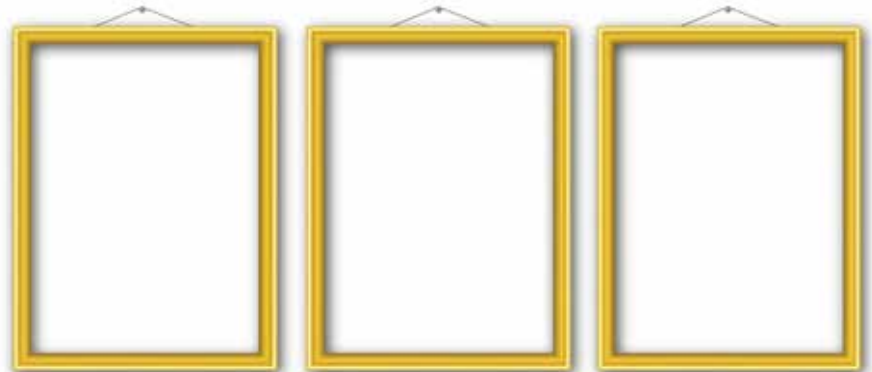
HOW TO CREATE
A STUDY SPACE!



MY LEARNING SPACE...



What questions do I need to ask?



WHAT DO I NEED TO ORGANISE MY LEARNING AT HOME?

- A copy of my normal timetable.
- Blank daily planners to organise each day.
- My logins and passwords to access digital platforms.



HOW DO I FIND MY WORK?

All of your work will be set on SMHW.

[CLICK HERE](#) to login to SMHW

Your SMHW username is your school email address which is: **WNUMBER@prioryacademies.co.uk**

Instructions on what you need to complete while working from home will be found on SMHW.

If you have any problems accessing SMHW you should contact your pastoral manager.



MY LOGINS...

.....@prioryacademies.co.uk

Username

Password

The logo for 'SHOW MY HOMEWORK' features a blue shield with a white banner across the top that says 'SHOW MY' and a smaller banner below it that says 'HOMEWORK'. There is a small icon of a book above the banner.

Username

Password

A circular icon with a gold background and a white Wi-Fi symbol in the center.


Username

Password

The logo for 'gcsepod' consists of a pink circle with a white play button icon in the center. Below the circle, the text 'gcsepod' is written in pink, and 'education on demand' is written in a smaller, lighter pink font below that.

Username

Password

The logo for 'dfm' is a black rounded square with the letters 'dfm' in white. A green horizontal bar is at the bottom of the square.

Username

Password

The logo for 'Accelerated Reader' features an orange square with white curved lines that resemble a fan or a stylized 'A'. Below the square, the text 'Accelerated™' is written in orange, and 'Reader' is written in a smaller, lighter orange font below that.

Username

Password



WHERE CAN I GO IF I NEED SUPPORT WITH MY REMOTE LEARNING?

Contact your pastoral manager or the department where you need help using the subject emails.

Use the internet and any digital platforms that are available to you, such as GCSEPod, SMHW.



Use your exercise books and revision guides to help you.

Ask my support buddy for some help. Your support buddy is a peer who you can contact to ask them for some help with your remote learning.



5 TOP TIPS TO STAY HEALTHY...

1 **Set and stick to a routine**

Follow your normal sleep patterns and routines, if you can, and stay consistent.

Get up at the same time, eat breakfast, and get out of your pyjamas! Try spending some time each day being active.

Most importantly, when your school day stops, stop working. And at the end of the day, try to get to bed at your usual time.

2 **Make a dedicated workspace**

If you can, find a quiet space away from people and distractions like the TV or your bedroom. Get everything you need in one place before you start work – chargers, pens, paper, books, a drink of water and anything else. Even in a small or shared space, try to designate an area as your workspace.

Lastly, get comfortable. While it might be tempting to sit on the sofa, it's much better to sit at a desk or table.

3 **Give yourself a break**

Making time for breaks is important to help manage feelings of stress – try to take lunch and regular screen breaks. Give yourself time to concentrate on something else so you feel more focused when you return. Even just 5 to 10 minutes of short breaks each hour can really help you. If possible, set a time to go for a walk or bike ride for some fresh air.



4 Stay connected

There are lots of ways to stay in touch with your friends– boosting their mental wellbeing as well as your own.

In and out of school, human interaction matters, so schedule video calls with your friends and pick up the phone instead of texting. If you're struggling with working at home, speak to your pastoral manager, year director or teachers about your concerns.

5 Be kind to yourself

Remember, this is an unusual situation and things will not feel normal!

Be kind to yourself and acknowledge that you might not be as productive as you usually would be. Be realistic about what you can achieve given the circumstances, and relax when your work is done.



Do you want support from local emotional wellbeing and mental health services?
Visit www.lifl.nhs.uk/young-people/lincolnshire for self-help advice and information about emotional wellbeing and mental health services for children and young people in Lincolnshire and how you can access them or call 0300 123 4300

Do you need urgent help?
If the Lincolnshire HereYou Advice Line and [Kooth.com](http://www.kooth.com) are not available, call the CAMHS Crisis Team on 0300 123 4300 (available out of hours)

HERE to help

Lincolnshire HereYou Advice Line
Tel: 01522 309120
Mon to Fri 8:30am to 4:30pm

WE ARE CAMHS

Lincolnshire
A proud member of

XXX NHS

Illustration of four people jumping joyfully.



Do you want online information?
If you are interested about your emotional wellbeing or mental health, keep this card with you and use it to find out where you can get free information, advice and help in Lincolnshire.

Visit www.lincolnshire.gov.uk/lincolnshirerwellbeing for online advice and to find out what support is available in Lincolnshire.

Do you want to chat to a counsellor online?
Visit www.kooth.com to chat anonymously to a qualified online counsellor. Meet advice from other young people or chat to others going through similar issues.

Available 24/7 days a year
www.kooth.com
With 24/7 access to self-help materials.

Lincolnshire
A proud member of

XXX NHS

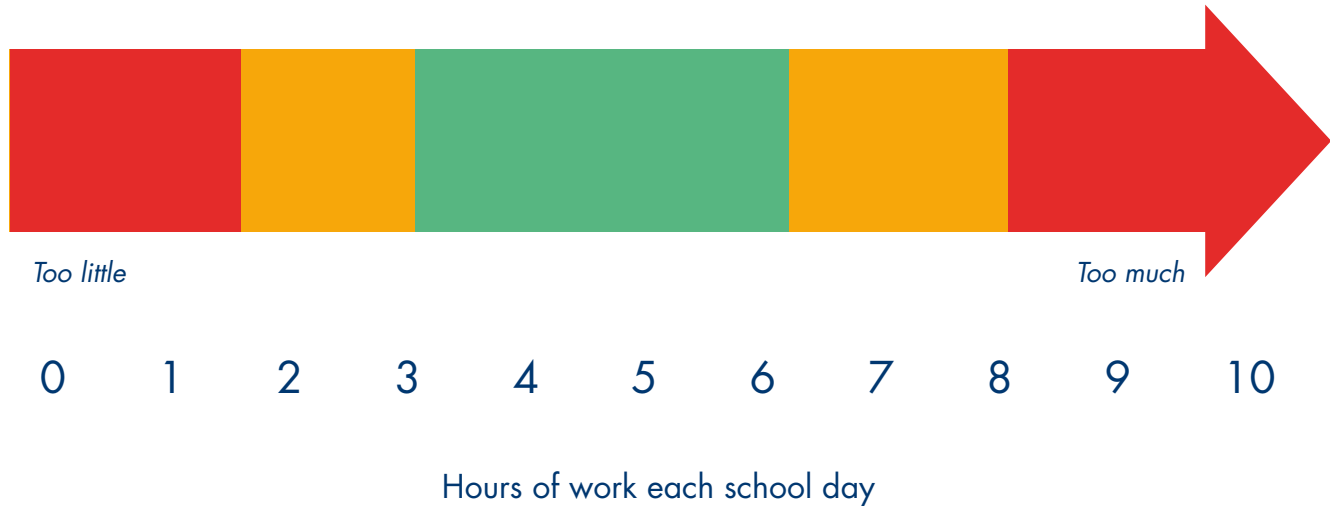
Illustration of a person sitting at a desk using a laptop.

kooth



HOW MUCH WORK SHOULD I BE DOING EACH DAY?

We do not set a maximum or minimum amount of time, but the arrow below may be a useful guide to parents and pupils.



STAY SAFE...

Staying safe at home - remember the work you have done with Mrs Phillips

If you have any concerns relating to keeping safe at home or online, you can contact your pastoral manager using the email below:

Year 7 chneal@prioryacademies.co.uk

Year 8 jsmyth@prioryacademies.co.uk

Year 9 tbarker@prioryacademies.co.uk

Year 10 nuddin@prioryacademies.co.uk

Year 11 tadams@prioryacademies.co.uk

Sixth Form kweightman@prioryacademies.co.uk

Designated Safeguarding Lead MNelson@prioryacademies.co.uk

Safeguarding Manager PParry@prioryacademies.co.uk





STUDENTS WITH SPECIAL EDUCATIONAL NEEDS...

If you have any concerns that relate to your child's Special Educational Needs, please contact Mrs Phipps-Smith using the email below;

tphippssmith@prioryacademies.co.uk



KS3 DAILY PLANNER

Session	Menu of Learning	Notes to add/ask
Form Time	Complete my daily planner	
1		
2		
3		
4		
5		

What do I need to do this week? Tick list		
English Task 1	<input type="checkbox"/>	Humanities Task 3 <input type="checkbox"/>
English Task 2	<input type="checkbox"/>	Humanities Task 4 <input type="checkbox"/>
English Task 3	<input type="checkbox"/>	Spanish Task 1 <input type="checkbox"/>
English Task 4	<input type="checkbox"/>	Spanish Task 1 <input type="checkbox"/>
Maths Task 1	<input type="checkbox"/>	Technology Task 1 <input type="checkbox"/>
Maths Task 2	<input type="checkbox"/>	Technology Task 2 <input type="checkbox"/>
Maths Task 3	<input type="checkbox"/>	Performing Arts <input type="checkbox"/>
Maths Task 4	<input type="checkbox"/>	Music <input type="checkbox"/>
Science Task 1	<input type="checkbox"/>	Art <input type="checkbox"/>
Science Task 2	<input type="checkbox"/>	PE Task 1 <input type="checkbox"/>
Science Task 3	<input type="checkbox"/>	PE Task 2 <input type="checkbox"/>
Science Task 4	<input type="checkbox"/>	RE <input type="checkbox"/>
Humanities Task 1	<input type="checkbox"/>	<input type="checkbox"/>
Humanities Task 2	<input type="checkbox"/>	<input type="checkbox"/>



KS4 DAILY PLANNER

Session	Menu of Learning	Notes to add/ask
Form Time	Complete my daily planner	
1		
2		
3		
4		
5		

What do I need to do this week? Tick list		
English Task 1	<input type="checkbox"/>	1 <input type="checkbox"/>
English Task 2	<input type="checkbox"/>	2 <input type="checkbox"/>
English Task 3	<input type="checkbox"/>	3 <input type="checkbox"/>
English Task 4	<input type="checkbox"/>	1 <input type="checkbox"/>
Maths Task 1	<input type="checkbox"/>	2 <input type="checkbox"/>
Maths Task 2	<input type="checkbox"/>	3 <input type="checkbox"/>
Maths Task 3	<input type="checkbox"/>	1 <input type="checkbox"/>
Maths Task 4	<input type="checkbox"/>	2 <input type="checkbox"/>
Science Task 1	<input type="checkbox"/>	3 <input type="checkbox"/>
Science Task 2	<input type="checkbox"/>	1 <input type="checkbox"/>
Science Task 3	<input type="checkbox"/>	2 <input type="checkbox"/>
Science Task 4	<input type="checkbox"/>	3 <input type="checkbox"/>
PE	<input type="checkbox"/>	

Add your options subjects here!



KS5 DAILY PLANNER

Session	Menu of Learning	Notes to add/ask
Form Time	Complete my daily planner	
1		
2		
3		
4		
5		

What do I need to do this week? Tick list	
Subject 1	
1	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
Subject 2	
1	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
Subject 3	
1	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>



HOW WILL STUDENTS BE REWARDED?

- Gold cards will be emailed home where you have demonstrated the academy's values of **WISDOM, COURAGE, GENEROSITY, PASSION AND CURIOSITY.**
- Postcards will be posted and emailed home.
- Your staff will phone home.
- There will be links to House points – these feed into the overall House point total which is shared each week.
- There will be links to your Passport so you will be able to meet the criteria for your different level awards.



WHICH STAFF SHOULD I CONTACT IF I NEED HELP WITH MY REMOTE LEARNING?

YEAR 7 STAFF CONTACTS

Pastoral Manager chneal@prioryacademies.co.uk

Year Director lreddington@prioryacademies.co.uk

Art Ms D Kendall

DT Ms D Kendall

English Mr C Brown

Geography Mrs L Gibbons

History Miss A Berwick

IT Mrs C Phillips

Maths 7PAS Miss H Murdock

7WIS Mrs S Eaton

7COU Mrs C Cooke

7GEN Mr D Goodwin

7CUR Mrs T Baker

Music Mrs A Cook / Mr M Morris

PE Miss E James / Mr S Biggs

Performing Arts Mrs A Goodwin

RE Mrs L Gibbons

Science Ms L Shwe

Spanish Mrs T Anderson

Food Mr I Fowler



YEAR 8 STAFF CONTACTS

Pastoral Manager jsmyth@prioryacademies.co.uk
Year Director slockley@prioryacademies.co.uk

Art Ms D Kendall

Design & Technology Ms D Kendall

English Miss C Evans

Geography Mr B Whalley

History Miss A Berwick

Maths 8GEN Mrs T Baker
 8COU Mrs C Cooke
 8PAS Mrs S Eaton
 8CUR Miss H Murdock
 8WIS Mr D Goodwin

Music Mrs A Cook / Mr M Morris

PE Miss E James / Mr S Biggs

Performing Arts Mrs A Goodwin

RE Mrs L Gibbons

Science Miss L Roy

Spanish Mrs Z Saunders



YEAR 9 STAFF CONTACTS

Pastoral Manager tbarker@prioryacademies.co.uk

Year Director cphillips@prioryacademies.co.uk

Art Ms S McPherson

Biology Miss S Thorp

Chemistry Miss E Kirk

English Miss E Milner

Geography Mrs L Gibbons

History Miss A Berwick

Maths 9R Mrs S Eaton
9D Mr D Goodwin
9T Mrs C Cooke
9J Miss H Murdock
9Q Mrs T Baker

Music Mrs A Cook / Mr M Morris

PE Miss E James / Mr S Biggs

Physics Mr M Worthington

Performing Arts Mrs A Goodwin

RE Mrs L Gibbons

Spanish Mrs T Anderson

Technology Mrs D Jones



YEAR 10 STAFF CONTACTS

Pastoral Manager nuddin@prioryacademies.co.uk

Year Director ifowler@prioryacademies.co.uk

Art Ms S McPherson

Biology Miss S Thorp

Chemistry Miss E Kirk

Creative iMedia Mrs C Phillips

English Module 2 Mrs S Hanson
Module 3+ Mr C Brown

Enterprise Mr A Eyre

Hospitality & Catering Mr I Fowler

Geography 10Gg1 Mr B Whalley
10Gg2 Miss H Jones
10Gg3 Mrs L Gibbons

Health & Social Care Mr T Jelley

History Mr J Hutchins

Maths 10R Miss H Murdock
10D Mrs S Eaton
10T Mr D Goodwin
10J Mrs T Baker
10Q Mrs C Cooke

Music Mrs A Cook

Music Technology Mr M Morris

PE Miss E James
Mr S Biggs
Mr T Jelley

Performing Arts Mrs A Goodwin

Photography Miss A Williams

Physics Mr M Worthington

Product Design Mrs D Jones

Spanish Mrs Z Saunders

Sports Studies Miss L Reddington

Statistics Mr D Goodwin



YEAR 11 STAFF CONTACTS

Pastoral Manager tadams@prioryacademies.co.uk
Year Director acook@prioryacademies.co.uk

Art Miss A Williams

Biology Miss S Thorp

Chemistry Miss E Kirk

Creative iMedia Mrs C Phillips

Design Technology Mrs D Jones

English Mrs S Hanson

Enterprise Mr A Eyre

Hospitality & Catering Mr I Fowler

Geography Mrs L Gibbons

Health & Social Care Mr T Jelley

History Mr J Hutchins

Maths 11R Mr D Goodwin / Mrs T Baker
11D Mrs S Eaton
11T Mr D Goodwin
11J Mrs C Cooke
11Q Miss H Murdock

Music Mrs A Cook

Music Technology Mr M Morris

PE Miss E James / Mr S Biggs / Mr T Jelley

Performing Arts Mrs A Goodwin

Photography Miss A Williams

Physics Mr M Worthington

Spanish Mrs T Anderson

Sports Studies Miss L Reddington

Statistics Mr D Goodwin



SIXTH FORM STAFF CONTACTS

Art Miss A Williams

Applied Science Ms K Goldsby

Business Mr A Eyre

Childcare Mrs P Leeson

Core Maths Mr D Goodwin
Mr C Webster

English Mrs S Lockley
Mr J Smith

Geography Mrs L Gibbons

Health & Social Care Mr T Jelley

History Mr J Hutchins

Music Mrs A Cook
Mr M Morris

Performing Arts Mrs A Goodwin

Spanish Mrs T Anderson
Mrs Z Saunders

Sports Studies Miss L Reddington

Statistics Mrs D Goodwin







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